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|----|-----|----|-----|---------------|----------|------------------|---------|---------|---------|---------|
| 1 | H20 | 1 | 824 | Groot | Laurens | Alkmaar | 0:00:00 | 0:00:00 | 1:11:21 | 0:00:00 |
| 2 | H20 | 2 | 796 | Schouten | Ivar | Obdam | 0:30:52 | 0:41:05 | 1:11:57 | 0:00:36 |
| 3 | H50 | 1 | 789 | Tesselaar | Her | Heerhugowaard | 0:32:22 | 0:40:37 | 1:12:59 | 0:01:38 |
| 4 | H40 | 1 | 769 | van Zalinge | Dick | Volendam | 0:35:47 | 0:39:00 | 1:14:47 | 0:03:26 |
| 5 | H50 | 2 | 783 | Looijesteijn | Co | Anna Paulowna | 0:33:41 | 0:41:49 | 1:15:30 | 0:04:09 |
| 6 | H20 | 3 | 799 | Lover | Rene | Heerhugowaard | 0:36:59 | 0:40:10 | 1:17:09 | 0:05:48 |
| 7 | H40 | 2 | 787 | Broere | Andre | Heemskerk | 0:33:59 | 0:43:15 | 1:17:14 | 0:05:53 |
| 8 | H40 | 3 | 758 | Voerman | Ruud | Nieuwe Niedorp | 0:31:47 | 0:46:10 | 1:17:57 | 0:06:36 |
| 9 | H40 | 4 | 791 | Klaassen | Marcel | Breukelen | 0:38:31 | 0:41:15 | 1:19:46 | 0:08:25 |
| 10 | H20 | 4 | 797 | Sengers | Jeroen | Heerhugowaard | 0:33:00 | 0:46:50 | 1:19:50 | 0:08:29 |
| 11 | H50 | 3 | 750 | Tesselaar | Siem | Alkmaar | 0:31:44 | 0:48:12 | 1:19:56 | 0:08:35 |
| 12 | H40 | 5 | 768 | de Boer | Rob | Driemond | 0:37:45 | 0:42:14 | 1:19:59 | 0:08:38 |
| 13 | H50 | 4 | 798 | Beemsterboer | Clemens | Abbekerk | 0:34:38 | 0:45:51 | 1:20:29 | 0:09:08 |
| 14 | D20 | 1 | 762 | Visser | Marion | Noord Scharwoude | 0:33:00 | 0:47:33 | 1:20:33 | 0:09:12 |
| 15 | H20 | 5 | 795 | Kool | Michiel | Maarsse | 0:32:05 | 0:49:05 | 1:21:10 | 0:09:49 |
| 16 | H40 | 6 | 751 | Clement | Marcel | Heerhugowaard | 0:36:51 | 0:44:32 | 1:21:23 | 0:10:02 |
| 17 | H40 | 7 | 793 | Vork | Ben | Loenen a/d Vecht | 0:41:56 | 0:40:49 | 1:22:45 | 0:11:24 |
| 18 | H40 | 8 | 755 | Muthert | Yvo | Castricum | 0:40:42 | 0:42:41 | 1:23:23 | 0:12:02 |
| 19 | H20 | 6 | 792 | Rummens | Maiko | Obdam | 0:36:07 | 0:47:38 | 1:23:45 | 0:12:24 |
| 20 | D40 | 1 | 780 | Venema | Geke | Easterlittens | 0:35:45 | 0:48:46 | 1:24:31 | 0:13:10 |
| 21 | H50 | 5 | 782 | Versteegen | Theo | Castricum | 0:36:50 | 0:47:57 | 1:24:47 | 0:13:26 |
| 22 | H50 | 6 | 785 | Spijkerman | Jan | Nibbixwoud | 0:38:35 | 0:46:19 | 1:24:54 | 0:13:33 |
| 23 | D20 | 2 | 761 | Meijer | Michelle | Den Haag | 0:35:26 | 0:50:19 | 1:25:45 | 0:14:24 |
| 24 | H20 | 7 | 771 | Voschezang | Eric | Sint Pancras | 0:40:06 | 0:46:30 | 1:26:36 | 0:15:15 |
| 25 | H40 | 9 | 794 | Bouweriks | Ernst | Breukelen | 0:38:31 | 0:48:12 | 1:26:43 | 0:15:22 |
| 26 | H40 | 10 | 774 | Visser | Rinus | Heerhugowaard | 0:00:00 | 0:00:00 | 1:26:56 | 0:15:35 |
| 27 | H20 | 8 | 760 | van der Hulst | Herman | Avenhorn | 0:00:00 | 0:00:00 | 1:27:26 | 0:16:05 |
| 28 | H60 | 1 | 752 | van | Cees | Heerhugowaard | 0:39:24 | 0:50:53 | 1:30:17 | 0:18:56 |
| 29 | H50 | 7 | 772 | Boxsem | Jan | Purmerend | 0:42:21 | 0:48:17 | 1:30:38 | 0:19:17 |
| 30 | H50 | 8 | 781 | Neervoort | Tom | Noord Scharwoude | 0:40:40 | 0:50:30 | 1:31:10 | 0:19:49 |
| 31 | H50 | 9 | 800 | Borst | Eduard | Ursem | 0:42:24 | 0:49:49 | 1:32:13 | 0:20:52 |
| 32 | H40 | 11 | 766 | Does | Peter | Alkmaar | 0:43:13 | 0:49:23 | 1:32:36 | 0:21:15 |
| 33 | H50 | 10 | 788 | van de Wiele | Roel | Heerhugowaard | 0:42:28 | 0:51:41 | 1:34:09 | 0:22:48 |
| 34 | H40 | 12 | 770 | Tuls | Erik | Sint Pancras | 0:41:30 | 0:52:41 | 1:34:11 | 0:22:50 |
| 35 | H50 | 11 | 756 | Smidt | Peter | Oudorp | 0:41:29 | 0:55:45 | 1:37:14 | 0:25:53 |
| 36 | H50 | 12 | 757 | Nijland | Erik | Den Haag | 0:42:09 | 0:55:19 | 1:37:28 | 0:26:07 |

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| 37 | H50 | 13 | 764 | Ridder | Sjaak | Waarland | 0:43:06 | 0:55:53 | 1:38:59 | 0:27:38 |
| 38 | H20 | 9 | 763 | Tesselaar | Niels | Heerhugowaard | 0:55:39 | 0:47:44 | 1:43:23 | 0:32:02 |
| 39 | D40 | 2 | 784 | Neervoort- | Margriet | Noord Scharwoude | 0:46:33 | 0:57:42 | 1:44:15 | 0:32:54 |
| 40 | H50 | 14 | 754 | Konijn | Peter | Heerhugowaard | 0:00:00 | 0:00:00 | 1:44:16 | 0:32:55 |
| 41 | H50 | 15 | 765 | van Mol | Ed | Heerhugowaard | 0:49:18 | 0:57:02 | 1:46:20 | 0:34:59 |
| 42 | D50 | 1 | 753 | van | Ina | Heerhugowaard | 0:35:03 | 1:11:40 | 1:46:43 | 0:35:22 |
| 43 | H50 | 16 | 773 | Veldt | Piet | Akersloot | 0:39:44 | 1:10:52 | 1:50:36 | 0:39:15 |